

## Spontaneous Complete Necrosis of Advanced Hepatocellular Carcinoma

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### Abstract

We present a rare case of hepatocellular carcinoma (HCC) in which spontaneous complete necrosis was confirmed with surgical resection. An 80-year-old man with HCC was referred to Nippon Medical School Tama Nagayama Hospital. The medical history included hypertension, managed with medication, and partial lobectomy of the lung owing to a lung schwannoma. A previously untreated abdominal aortic aneurysm, 51 mm in maximum diameter, was detected. The serum concentration of proteins induced by vitamin k antagonism or absence (PIVKA-2) was 14,300 mAU/mL, and that of alpha-fetoprotein was 184.2 ng/mL. Antibodies against hepatitis B surface antigens and hepatitis C virus were not detected in the serum. Computed tomography (CT) demonstrated a hypervascular tumor, 68 mm in diameter, in the left paramedian sector of the liver with washout of contrast medium in the delayed phase. An HCC in the left paramedian sector was diagnosed. Laparotomy was performed 40 days after CT scanning. Intraoperative ultrasonography showed that the HCC had shrunk to 30 mm in diameter. A left paramedian sectionectomy was performed. On macroscopic examination the surgical specimen was a firm mass, 30 mm in diameter, with a fibrous capsule. Histologic examination showed that the tumor in the cirrhotic liver had been completely replaced by central coagulative necrosis, circumferential fibrosis, and dense infiltrates of inflammatory cells. No viable HCC cells were observed in the coagulative necrosis. Organized thrombi in the hepatic artery were detected in the tumor. The tumor also contained multiple foci of old hemorrhage, ductular proliferation, and granulation tissue. The patient was discharged 10 days after the operation. After 1 month, the serum concentrations of PIVKA-2 (25 mAU/mL) and alpha-fetoprotein (5.9 ng/mL) had decreased to within their normal ranges.

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**Key words:** spontaneous, necrosis, hepatocellular carcinoma

### Introduction

Spontaneous necrosis or regression of a neoplasm

is a rare event occurring with a frequency of 1 per 60,000 to 100,000 tumors<sup>1</sup>. Spontaneous regression has also been reported in hepatocellular carcinoma (HCC)<sup>2-9</sup>.

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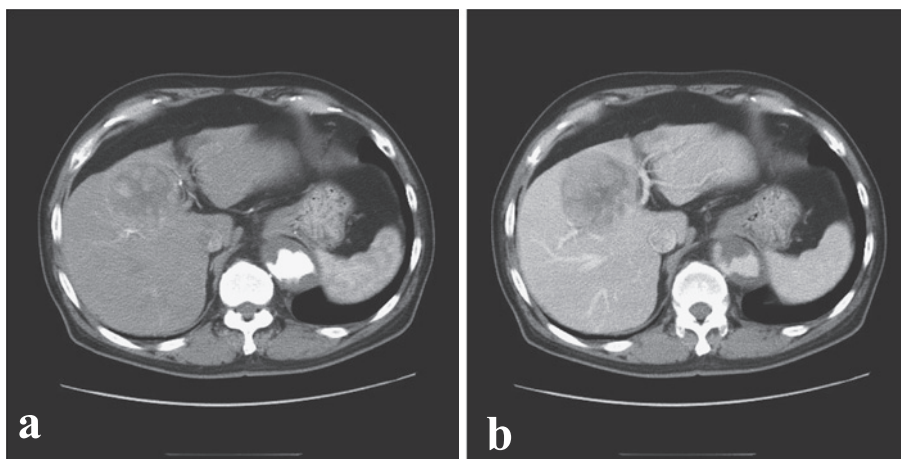


Fig. 1 Computed tomography demonstrated a hypervascular tumor, 68 mm in diameter, in the left paramedian sector of the liver (a) with washout of contrast medium in the delayed phase (b).

We present a rare case of spontaneous complete necrosis of HCC, as confirmed with surgical resection.

### Case

An 80-year-old man with HCC was referred to Nippon Medical School Tama Nagayama Hospital. The medical history included hypertension, managed with medication, and partial lobectomy of the lung secondary to a lung schwannoma. A previously untreated abdominal aortic aneurysm, 51 mm in maximum diameter, was detected.

Initial laboratory tests revealed the following values: serum aspartate aminotransferase, 60 IU/L (normal, <38 IU/L); serum alanine aminotransferase, 186 IU/L (normal, <44 IU/L); serum alkaline phosphatase, 243 IU/L (normal 104 to 338 IU/L); serum lactic dehydrogenase, 294 IU/L (normal, 180 to 460 IU/L); serum gamma glutamic transpeptidase, 254 IU/L (normal, 16 to 73 IU/L); total serum bilirubin, 0.8 mg/dL (normal, 0.2 to 1.2 mg/dL); serum albumin, 3.9 g/dL (normal, 3.8 to 5.5 g/dL); serum C-reactive protein, 0.42 mg/dL (normal, <0.3 mg/dL); white blood cell count, 5,400/ $\mu$ L (normal, 4,000 to 9,000/ $\mu$ L); red blood cell count,  $470 \times 10^4$ / $\mu$ L (normal,  $427$  to  $570 \times 10^4$ / $\mu$ L); serum hemoglobin concentration, 13.9 g/dL (normal, 14 to 18 g/dL); serum platelet count,  $19.6 \times 10^4$ / $\mu$ L (normal, 20 to  $40 \times 10^4$ / $\mu$ L); and antithrombin, 89.4% (normal, >82%).

The serum concentration of proteins induced by vitamin k antagonism or absence (PIVKA-2) was 14,300 mAU/mL (normal, <40 mAU/mL), and that of alpha-fetoprotein was 184.2 ng/mL (normal, <6.92 ng/mL). The indocyanine green clearance rate at 15 minutes was 9.5% (normal, <10%). Antibodies against surface antigens for hepatitis B and hepatitis C virus were not detected in the serum.

Computed tomography (CT) demonstrated a hypervascular tumor, 68 mm in diameter, in the left paramedian sector of the liver with washout of contrast medium in the delayed phase (**Fig. 1**). Color Doppler ultrasonography revealed a hyperechoic tumor with vascular flow (**Fig. 2**). Upper gastrointestinal endoscopy showed mild esophageal varices without gastric varices (Li, Cw, F<sub>1</sub>, RC<sub>0</sub>: according to the General Rules for Recording Endoscopic Findings of Esophagogastric Varices<sup>10</sup>). An HCC in the left paramedian sector was diagnosed.

Laparotomy was performed 40 days after the HCC had been demonstrated with CT. Intraoperative ultrasonography showed that the HCC had shrunk to 30 mm in diameter. Left paramedian sectionectomy was performed with intermittent clamping (Pringle maneuver)<sup>11</sup>. After resection, biliary leakage tests with the injection of saline and air were performed, and several leakage points were repaired with fine sutures. Hemostasis of the cut surface of the liver was achieved with

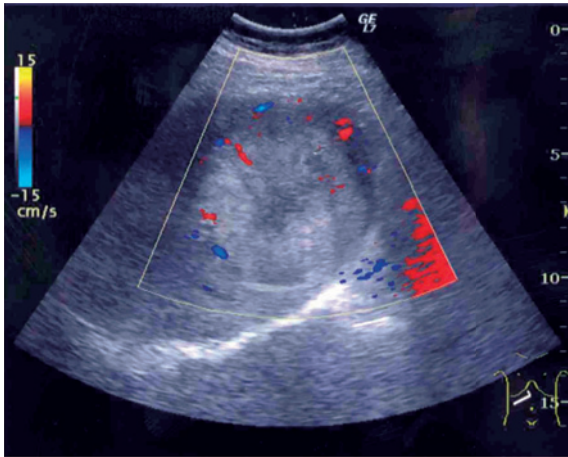


Fig. 2 Color Doppler ultrasonography revealed a hyperechoic tumor with vascular flow.

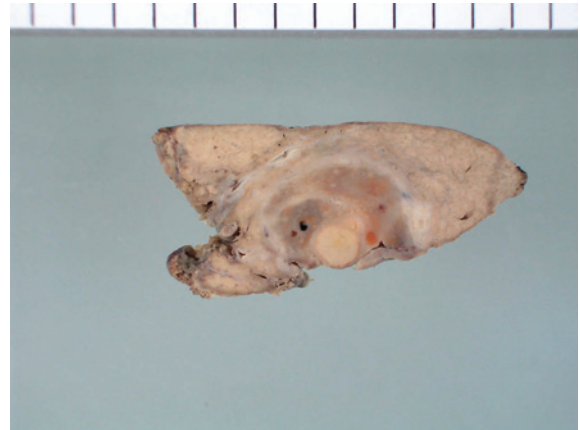


Fig. 3 On macroscopic examination the surgical specimen was a firm mass, 30 mm in diameter, with a fibrous capsule.

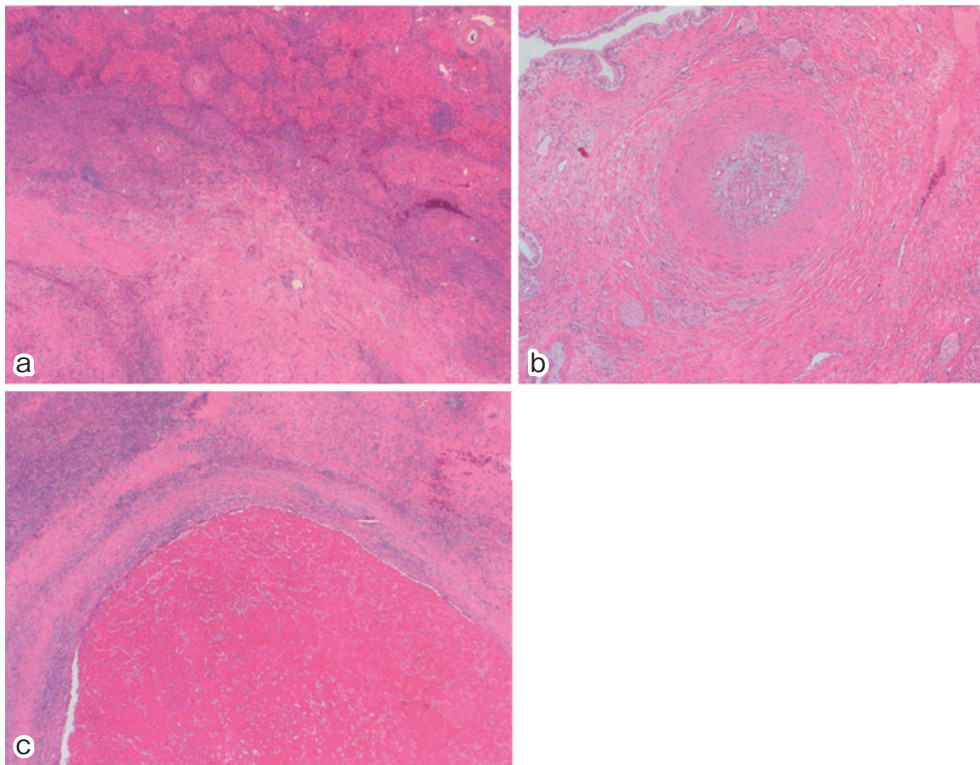


Fig. 4 Histologic examination showed that the tumor in the cirrhotic liver had been completely replaced by central coagulative necrosis, circumferential fibrosis, and dense infiltrates of inflammatory cells. No viable HCC cells were found in the coagulative necrosis. Organized thrombi in the hepatic artery were detected in the tumor. The tumor also contained multiple foci of old hemorrhage, ductular proliferation, and granulation tissue.

ligation and application of a fibrin glue spray (Bolheal; Chemo-Sero Therapeutic Research Institute, Kumamoto, Japan). The greater omentum was fixed to the peritoneum to prevent delayed gastric emptying<sup>12,13</sup>. An external drainage catheter

(19-Fr. Blake Silicon Drain; Ethicon, Somerville, NJ, USA) was positioned in the space created by surgery.

On macroscopic examination the surgical specimen was a firm mass, 30 mm in diameter, with

a fibrous capsule (**Fig. 3**). Histologic examination showed that the tumor in the cirrhotic liver had been completely replaced by central coagulative necrosis, circumferential fibrosis, and dense infiltrates of inflammatory cells. No viable HCC cells were found in the areas of coagulative necrosis. Organized thrombi in the hepatic artery were detected in the tumor. The tumor also contained multiple foci of old hemorrhage, ductular proliferation, and granulation tissue (**Fig. 4**).

The patient was discharged 10 days after the operation. After 1 month, the serum concentrations of PIVKA-2 (25 mAU/mL) and alpha-fetoprotein (5.9 ng/mL) had decreased to their normal ranges. No recurrence has been detected 1 year after the operation.

### Discussion

Spontaneous regression has been described for many types of tumors, especially renal cell carcinoma, melanoma, and neuroblastoma, which constitute nearly half of all reported cases. Spontaneous regression of HCC is a rare event, with a rate of 1 in 140,000 cases of HCC<sup>14</sup>. A review of cases of spontaneous regression of HCC has found that 65% of tumors show complete regression on either radiological or histological examination. On long-term follow-up, 77% of the patients were alive 1 to 20 years after diagnosis. However, because 12% of cases recurred after spontaneous regression<sup>15</sup>, we performed hepatectomy in the present case.

Possible causes of spontaneous regression include thrombosis of feeding vessels<sup>16</sup>, oxygen deprivation due to gastrointestinal<sup>17,18</sup> or intraperitoneal<sup>19</sup> bleeding, and cessation of exposure to noxious agents, such as androgens<sup>20,21</sup>, alcohol, and tobacco smoke, that had sustained tumor growth<sup>22,23</sup>. The most likely mechanism for complete regression of a primary tumor and distant metastasis is a spontaneous immune response against tumor epitopes<sup>24</sup>. In our patient we confirmed the rapid regression of a fully developed HCC. The most common mechanism for spontaneous necrosis of HCC is ischemic damage, which has been described in several case reports<sup>23</sup>. It should be noted that

ischemic damage has induced complete necrosis of even large tumors. Spontaneous ischemic damage of HCC can be compared to the response to therapeutic transarterial chemoembolization. Because our patient had hypertension and an aortic aneurysm, ischemic damage due to arteriosclerosis might have occurred.

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